Check List For Safety

Brakes work properly? _____

Tires are not worn? _____

Frame is not broken? _____

Seat is adjusted properly? _____

Handlebars adjusted properly? _____

Chain is tight? _____

Reflectors are in place? _____

Pedals are in good shape? _____

Reflectors should be seen from all sides of the bicycle.

This 3 minute check list will help determine if your bicycle needs any repairs. If any one of these items is not checked off you may need to have the bicycle serviced at a well known bicycle shop.

PENNSYLVANIA STATE LAW

§3510. Pedalcycle (BICYCLE) helmets for certain persons.

(a) General rule. - A person under 12 years of age shall **not** operate a bicycle or ride as a passenger on a bicycle unless the person is wearing a bicycle helmet meeting the standards of the American National Standards Institute, the American Society for Testing and Materials, the Snell Memorial Foundation's Standards for Protective Headgear for Use in Bicycling or any other nationally recognized standard for bicycle helmet approval.

This subsection shall also apply to a person who rides:

(1) upon a bicycle while in a restraining seat attached to a bicycle; or

(2) in a trailer towed by a bicycle.

www.macungiepd.org

Information compliments of

MACUNGIE POLICE DEPARTMENT
21 Locust Street Macungie, Pennsylvania 18062
(610) 966-2222 Police Administration

DIAL 911
For Emergencies

Bicycle Safety

Riding a bike can be fun. Riding a bike safely can be even more fun.

Inside you will find some helpful tips on BICYCLE SAFETY.

Tips on Bicycle Safety

- ✔ Ride a bike that is the right size for you.
- ✔ Check that the wheels aren't loose and your brakes work before each ride.
- ✔ When exiting a driveway, stop, look left, look right, look left again, and exit only when there is no traffic.
- ✔ Ride on the RIGHT with the flow of traffic.
- ✔ Stop at all STOP signs and all traffic lights.
- ✔ Do not ride in the wrong direction on one way streets.
- ✔ Use proper hand signals to indicate turns.
- ✔ Ride single file.
- ✔ Give the right of way to pedestrians.
- ✔ Carry no passengers (except on approved baby seats).

Always wear your bicycle helmet when you ride your bike.

Bicycle Inspection Background

Many crashes are caused by failing brakes, loose handlebars, or children riding bicycles that are too large. Bicycles must fit correctly and work properly for children to be safe when riding.

Parent/Child Activity

Check the size and condition of your child's bicycle.

- **Size:** Children should be able to stand flat footed over the bicycle with at least one inch between the bicycle's top tube (boy's bicycle) and the rider. Inexperienced riders should be able to put both feet on the ground while sitting on the seat. For more experienced riders, the legs should be just slightly bent at the bottom of the pedal stroke with the ball of the foot on the pedal. The bicycle seat should be level and not tilted forward or backward.
- **Brakes:**
  - Coaster brakes - Push the bike forward while pushing back on one pedal; the rear tire should skid. Make sure the brake arm is attached to the frame at the rear wheel.
  - Hand brakes - ensure brake pads are not worn and that they hit the wheels evenly. The brake levers should work smoothly and have one inch of clearance from the handlebars when the brakes are fully applied.
- **Wheels and Tires:** Check to see if the handlebars are tightly fastened by holding the front wheel between your legs and trying to turn the handlebars to the side. If they move, the bolt at the handlebar stem needs to be tightened.
- **Frame and Fork:** Check the frame and fork (the metal arms on either side of the front wheel) for basic straightness. If the frame or fork are not straight, or are cracked, bring it to your local bike shop for repair.

This list is an overview of the most basic elements of bicycle maintenance. If you suspect that your bicycle is not working properly, bring it to your local bicycle repair shop for further inspection and repair.